

BARNEGAT ATHLETIC DEPARTMENT

180 Bengal Blvd. BARNEGAT, NEW JERSEY 08005 (609) 660-7510 FAX (609) 698-6279

Jessica Fraser Athletic Secretary John J. Germano Director of Athletics Supervisor of Health & Physical Education – K-12

Lauren Tribley Athletic Trainer

January 29, 2024

Dear Sixth, Seventh and Eighth Grade Students and Parents;

The spring season is just around the corner, and with it comes the excitement of Barnegat Athletics! The Sixth, Seventh, and Eighth Grade Interscholastic Spring Sports Program includes four (4) interscholastic sports and activities: Track and Field, Boys Volleyball, Baseball, and Softball.

Each Interscholastic Sports Program will include approximately two to three (2-3) games or matches per week and two or three (2 or 3) practice sessions per week. Schedules can be located on schedulestar.com, or the district website under Athletics. You can also follow bengalpride67 on X (formerly Twitter) for daily updates or changes. Practice sessions will vary by sport, with the possibility of an occasional weekend session. Game schedules and times will vary due to the traveling distance and the location of Barnegat opponents. **Parents** <u>MUST</u> provide transportation home when practice is completed.

If your child has not yet had a physical for the 2023-2024 school year, or your child's physical expires prior to the start of the season, you must make arrangements to have a medical examination conducted by a private physician as soon as possible. As per board policy, such medical examination results must be reported on approved Barnegat Township School District forms, inclusive of all mandated information. Forms are available on the district website or in the Brackman main office. When complete, please return to the Brackman main office for 7th and 8th grade and Horbelt for 6th grade. The Pre-Participation Physical Examination Forms MUST be completed PRIOR to the physical exam.

A physical is only valid for 365 days and is required for all sports (365 days from the date of the exam). If a student has submitted a physical for the 2023 Winter or Fall Season a "<u>PHYSICAL ON FILE</u>" <u>PACKET</u> must be picked up in the office or printed from the website. All forms must be completed by their parent/guardian and signed by both the parent/guardian and the student. Seventh and eighth grade packets must be returned to the <u>Brackman Main Office by February 16, 2024-NO EXCEPTIONS.</u> Sixth grade forms should be returned to the <u>Horbelt Nurse's office by February 16, 2024-NO EXCEPTIONS.</u>

To print physical paperwork, please follow these steps:

- 1. Go to <u>www.barnegatschools.com</u>
- 2. Click on "Athletics" at the bottom of the page in the white box
- 3. Click on the link for "Forms and Regulations" on the left-hand side of the page
- 4. Once on the "Forms and Regulations" page scroll down to the following links: a. 2023/2024 NEW PHYSICAL FORMS

b. 2023/2024 PHYSICAL ON FILE PACKET

*One or the other of these packets <u>MUST</u> be turned in each season.

ALL CONSENTS <u>MUST</u> BE COMPLETED ON THE PARENT PORTAL! SPRING CONSENTS WILL BE AVAILABLE FEBRUARY 1, 2024.

Candidates who miss their respective grade level tryout day because they have not returned their required paperwork will **not** be given additional tryout dates.

No student will be allowed to make up a tryout unless they have a doctor's note for that day.

All tryout candidates should bring a proper change of clothing. They will be given an opportunity to change before and after tryouts. Students are encouraged to lock all their belongings in the locker room with the school lock they are issued. They should be sure that the lock is properly engaged before leaving the locker room.

BASEBALL / SOFTBALL / VOLLEYBALL TRYOUT SCHEDULE (To be held at ROBMS)

Monday, March 4th	8th grade
Tuesday, March 5th	7th grade
Wednesday, March 6th	6th grade
Thursday, March 7th	Final cuts
Friday, March 8th	Final cuts
Tuesday, March 12th	Practice begins
Times/Dates/Grade Levels subject to change	

ROBMS BASEBALL Head Coach: Rob Jorgensen, rjorgensen@barnegatschools.com ROBMS SOFTBALL Head Coach: Tom Teator, tteator@barnegatschools.com ROBMS VOLLEYBALL Head Coach: Ariana Colonnello, acolonnello@barnegatschools.com ROBMS TRACK & FIELD Head Coach: Ashley Davies, adavies@barnegatschools.com

TRACK AND FIELD

There are **no tryouts** for Track and Field. The first day of practice is Tuesday, March 12th.

NOTE: Tryouts for Baseball, Softball and Volleyball will take place at the Russell O. Brackman Middle School from 2:30 P.M. until 4:30 P.M.

All practices will take place at the Russell O. Brackman Middle School from 2:30 P.M. until 4:30 P.M. (Some practices may extend to 5:00P.M with prior coach's notice.)

If you have any questions, please contact Jessica Fraser BHS Athletic secretary at 609-660-7510 ext.77106 or Michelle Dengler ROBMS Athletic secretary at 609-698-5880 ext. 47102 . Thank you.

Sincerely, John Germano District Athletic Director

OUR MISSION: The Barnegat Schools, in partnership with our community, nurture and educate our children in accordance with all core curriculum content standards to prepare them for responsible citizenship and success in life.

JG/md